

West Dorset Osteopathic Practice

Guidelines Covid 19

Patient and practitioner safety

Your Osteopath will be wearing PPE during your appointment. This is to protect you and us from spreading Covid 19.



Arrive Promptly for treatment

If you arrive early, please wait outside or in your car until



Wash your hands.

The practice kindly request that you use the hand sanitiser provided by the practice before and after treatment. Alternatively please wash your hands in the toilet facilities provided. Avoid touching surfaces where possible.



Payment



your appointment is due. When the practice is cleaned and ready your Osteopath will send you a text or phone you.



Please pay by card or contactless or via Bacs if possible.



Watch for Covid 19 Symptoms.

Please reschedule your appointment if you have had exposure to anyone suspected or diagnosed with Covid 19 within the last 14 days or are experiencing any of the following symptoms including fever, cough, difficulty breathing, altered taste and fatigue.



Please be Patient

Your Osteopath will be spacing appointments out with a 15-20 min gap. Please be patient as this will allow time to disinfect all surfaces and make sure the treatment room is ready for your appointment.



Practice social distancing.

Please try to maintain a 2 m distance. Practice good corridor etiquette. Allow people to pass before you enter.



Triage Contact

If you are worried or want to make sure treatment is appropriate please give the practice a call. June is very happy to talk to you over the phone.



Phone: 01308 427777 or 07789972608

Email: westdorsetosteopath@outlook.com

West Dorset Osteopathic Practice

by

[westdorsetosteopath](#)



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